



Sea Girt Junior Lifeguard & Mini Guard Program



Junior Guard Program

The Sea Girt Beach Patrol will be hosting the 15th annual Jr. Lifeguard Program in the summer of 2011. The program consists of water safety education, rip currents, tides, ocean hazards, and general knowledge of lifeguard duties along with hands on instructions of lifeguard equipment.

The Jr. Lifeguards range from 9-17 years. The cost of the program is \$100 and will include 12 days of two hour (8-10am) hands on instruction, Jr. Guard board shorts, a rash guard, and a national membership in the United States Lifesaving Association (www.USLA.org) All Jr. Guards will have the chance to compete in local, regional, and national competitions.

Please select one of the following sessions:

Session 1: Monday & Wednesday June 27 – Aug 3

Session 2: Tuesday & Thursday June 28 – Aug 4

Mini Guard Program

The Mini Lifeguards range from 6-8 years. The cost of the program is \$50 and will be held on the last 4 Fridays in July (8-10am). This is a starter program for that little ones that include water safety education, general knowledge of lifeguard duties, and instruction of lifeguard equipment. Last year we added boogey board safety instruction, so please bring boogey boards to every session. All mini guards will receive a T-shirt with the Sea Girt Jr. Lifeguard Logo.

Mini Guard Sessions:

July 8th, 15th, 22nd, & 29th

Pizza Party for all Jr. & Mini Guards will be Friday July 29th @ 10am-12pm

All checks payable to: Sea Girt Junior Guards

Any questions, please contact Lieutenant Megan Loewenberg @ 732-449-4774 x 17 or e-mail questions to seagirtjuniorguards@yahoo.com

P.O Box 296 Sea Girt, NJ 08750
www.seagirtbeachpatrol.org
732.449.9335 LG HQ 732.449.4774 JR LG HQ 732.449.9162



Sea Girt Junior Lifeguard & Mini Guard Program



Child's Name: _____
 Mailing Address: _____
 Summer Address: _____
 Date of Birth: _____ Age: _____
 E-mail Address: _____
 Phone #: _____ Cell #: _____

Junior Guard Program

Select child's group: A (14-17 years of age)
 B (12-13 years of age)
 C (9-11 years of age)

Please select 1 session:
 Session 1: Mondays & Wednesdays
 Session 2: Tuesdays & Thursdays Session # _____

Please list any medical conditions or problems (ex: asthma): _____

Emergency Contact Person: (Not Parents) _____
 Relationship to Child: _____
 Phone # _____ Cell # _____

Rash Guard Size (supposed to fit tight) Adult: S M L XL XXL
 Child: XS S M L

Shorts Size: (Please measure child's waist with tape measure)
 Even sizes only 20"-38" Size: _____

Mini Guard Program

Please list any medical conditions or problems (ex: asthma): _____

Emergency Contact Person: (Not Parents) _____
 Relationship to Child: _____
 Phone # _____ Cell # _____

T-shirt Size Adult: XS S M L XL XXL Child: S M L

Parent/Guardian Signature: _____ Date: _____

For Office Use Below

Amount: \$	Release Form: Y or N	Check #:	Name on Check:
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Sea Girt Junior Lifeguard & Mini Guard Program



Waiver & Release of Liability

In consideration of participation in the Sea Girt Junior and Mini Lifeguard program, the undersigned:

1. Acknowledged and fully understands that each participant will be engaging in activities that involve risk and injury to themselves.
2. Assumes any risks of personal injury to the minor and authorize the Sea Girt lifeguards to contact and render any medical treatment that may be deemed necessary for the minor. I (we) give authorization to a physician to treat or render emergency medical treatment when necessary. If such medical treatment is necessary, I agree to pay all medical bills relating to injury arising from participation in the event or activity.
3. Release, waive, discharge, and convent not to sue the Borough of Sea Girt, The Sea Girt Lifeguards, their respective administrators, directors, coaches, and any other employees or volunteers of these organizations, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessees of premises used to conduct the event, all of which hereinafter referred to as "releasees" from any liability, loss, damage, claim, demand, or cause of action against those attributable to the minor's participation in the event or activity, whether same shall arise by their negligence or willful or wanton misconduct of one of those individuals or organizations.
4. Warrant that the minor is in good health and has no physical condition that would prevent the minor from participation or activity.

I/We have read the above waiver and release, understand that we have given up substantial rights by signing it and sign voluntarily.

I the parent/legal guardian, consent to the minor's participation in the Sea Girt Junior and Mini Lifeguard Program.

Parent's or Guardian's Signature

Date

Minor's Name Enrolled